



Assessing Opportunities for Latinas at Sacramento New Technology High School, Sacramento City Unified School District

Presenters:

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Education/Future Plans

Career Ambitions for Latinas

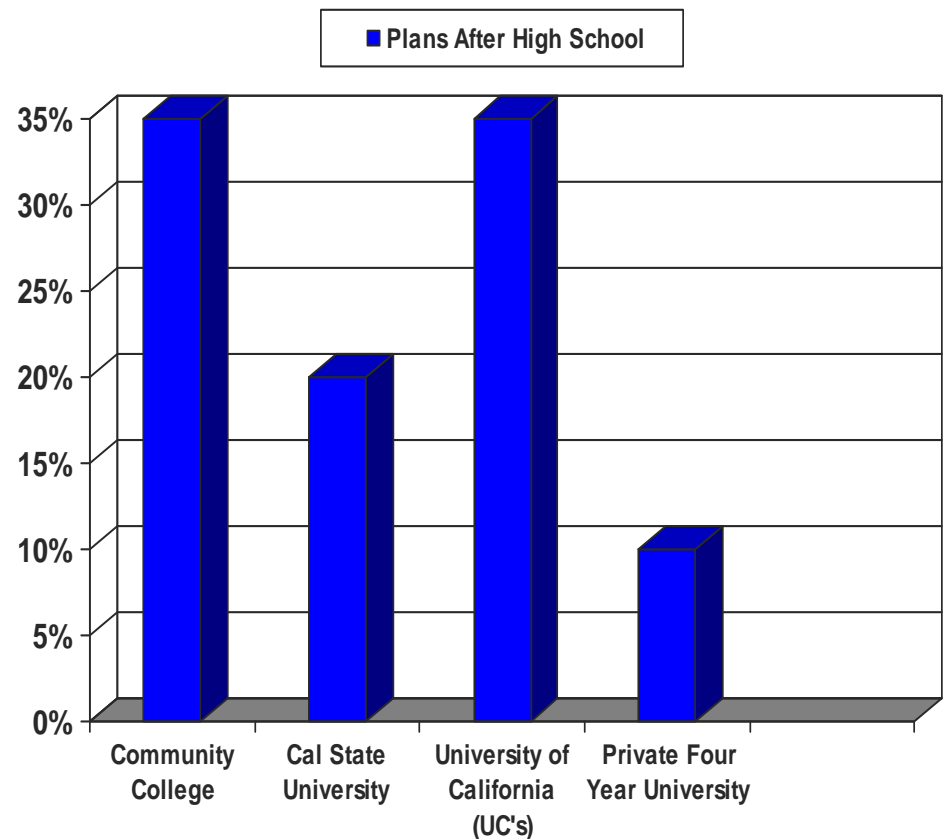
The top career aspirations for Latina students are:

Medical and Health Professions
(30%)

Law Enforcement and Criminal
Justice Related Careers (20%)

Veterinarian (10%)

Undecided (20%)



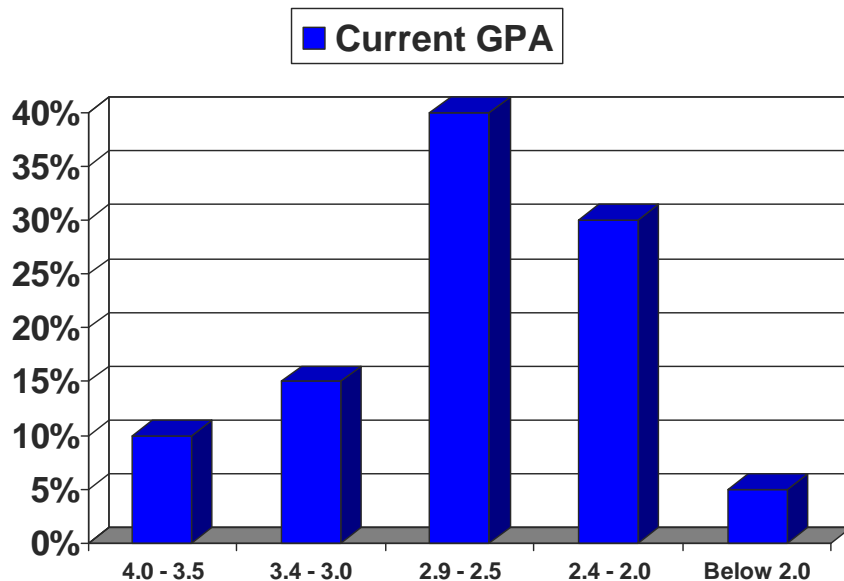
Education/Future Plans

- 5 Latina Students are graduating in a class of 41 at New Tech this school year (2008-09)
- All 5 Latinas are going to attend college next year.
- Latinas leave New Tech to other high schools for the following reasons:
 - Work was too difficult
 - Pregnancy
 - Did not see the benefits of education in their future



College Preparation

- All classes at New Tech are college prep (A-G) and there is not a remedial track.
 - Most Latinas at New Tech have between a 2.5 and 2.9 GPA
 - 50% have taken the required courses for graduation and college
 - 50% Do not know if they have taken the required courses
- 75% believe it's mandatory to take the A-G requirements to enter college
 - 10% said it should not be mandatory
 - 15% are not sure if its important



School Support Services

These statistics are important because it provides Latinas information about their classes and after graduating high school.

Most Latinas have met with the school counselors:

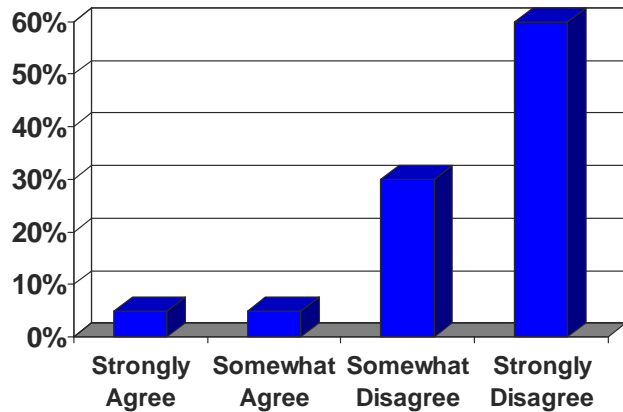
- 50% met with the counselor 3 to 4 times
- 40% met 1 to 2 times
- 10% have not met with the counselor

The majority of Latinas spend 30 minutes to one hour with the school counselors

- 21% have met with counselor for 1 hour
- 36% have met for 30 minutes
- 15% have met for 15 minutes
- 26% have met less than 15 minutes

Teen Pregnancy

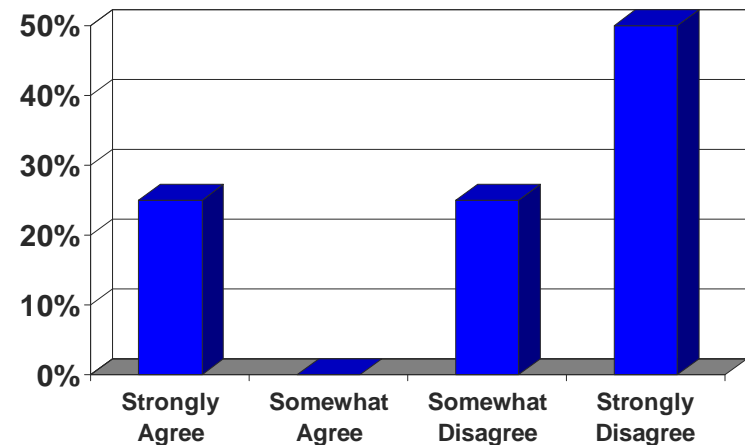
■ People think it's okay to become a teen parent



We focused on teen pregnancy because it is an issue that many Latinas face.



■ Pregnancy affects my ability to accomplish my goals



Eating Habits and Body Image

90% of Latina students reported that they eat one to two servings of fruits and vegetables per day, the daily recommendation is 4-5 servings a day. It means that most Latinas don't eat fruits and vegetables like recommended.

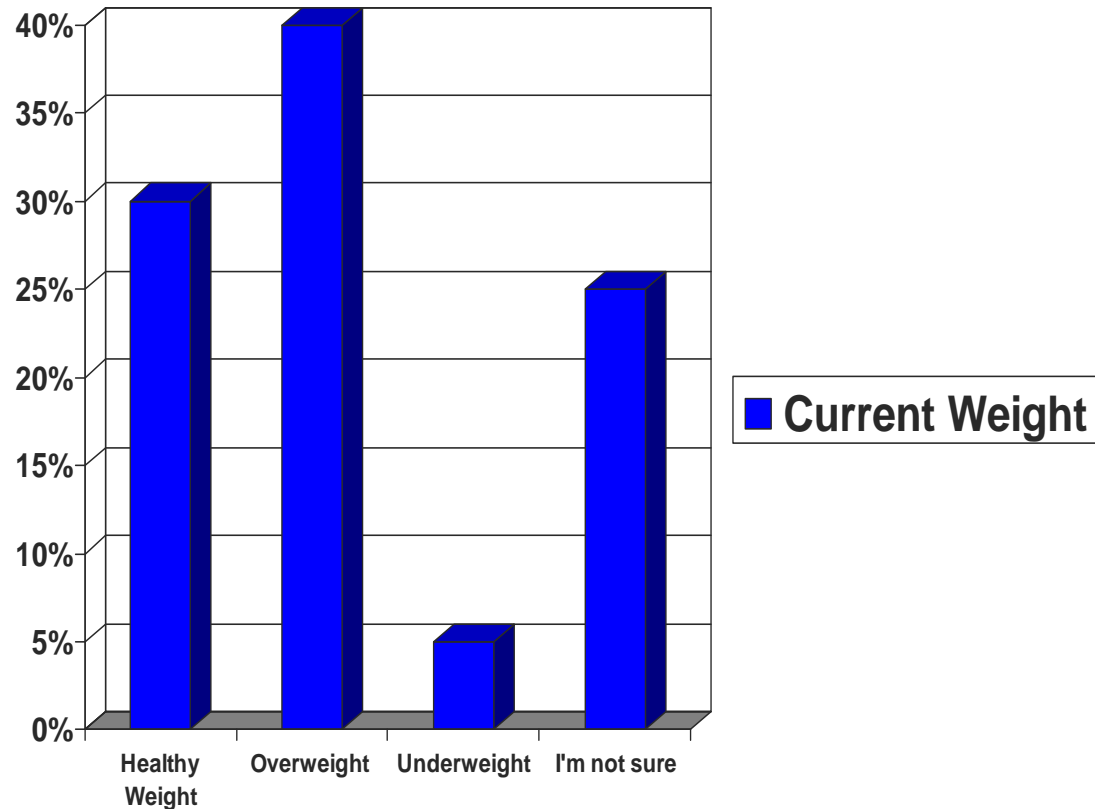
How many times do you hear your friends say that they are unhappy with their weight in the last month?

Never (35%)

Once a week (15%)

2-3 time a week(20%)

So many times (30%)



Eating Habits and Body Image

How Latinas Exercise?

- Exercise at home (25%)
- Go to the gym (0%)
- Physical Education (15%)
- Walk/Jog 30min. (20%)
- Play Sport (15%)
- None of the above (25%)



What do you think the percentage of Latinas consider themselves to be overweight?

30% believe that 10% of Latinas consider themselves overweight.

15% believe that 20% of Latinas consider themselves overweight.

30% believe 33% of Latinas consider themselves overweight.

25% believe that 25% of Latinas consider themselves overweight.

Civic Engagement

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Are you eligible to vote?

Yes 75% No 20% Not Sure 5%

Does someone in your family vote?

Yes 75% No 15% Not sure 10%

Do you foresee a Latina Governor of California in your life time?

Yes 95% No 5%



Recommendations & Conclusion

- We recommend a support system for families and students at Sacramento New Technology High School such as Parent Nights where parents can learn how to help their daughter graduate from high school and attend college. Information should be provided in English and Spanish.
- We recommend to have English programs to help Latinas who are English Language Learners and who are struggling in their classes.
- We recommend culturally sensitive sexual education programs.
- We recommend that teachers should take classes that focus on counseling Latina students.

Recommendations & Conclusion

- The State Legislature should promote and fund mentoring efforts for low-income and first generation college students- More mentors and counselors for Latinas would equal greater amounts of Latinas in college.
- The State Legislature should also research ways to work with the CSU and UC systems to make college affordable, reduce student fees and tuition costs as well as make Cal Grants and other “free” aid for those who need it available.