

National Scan of Latino Teen Pregnancy Prevention Programs

Prepared for:

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By:

Hispanas Organized for Political Equality (HOPE)

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INTRODUCTION

On January 1, 2006, HOPE was awarded a grant in the amount of \$25,000 from the Robert Wood Johnson Foundation to complete a National scan of Latino teen pregnancy prevention programs (National scan). The National scan project was in response to feedback HOPE received from youth serving organizations, health professionals, and policymakers, who claimed they were struggling with outreach and communication to the Latino community about teen pregnancy prevention in particular, in areas with emerging Latino populations.

HOPE commenced work on the National scan with a goal of compiling an inventory of pregnancy prevention programs across the country targeting the Latino community. HOPE proposed documenting methodologies, successes and challenges in outreaching to the Latino community so that end-users of the National scan could review various approaches and assess which might fit their unique needs based on geography, tactics, budget, organizational mission, etc.

METHODOLOGY

HOPE identified twenty-eight states to include in the National scan. The states represented included states with the highest population of Latinos and/or states with the highest rates of teen pregnancy based on Census 2000 data.

Highest Population of Latinos	Highest Rates of Teen Pregnancy
<i>Arizona</i>	Alabama
California	Alaska
<i>Colorado</i>	<i>Arizona</i>
Connecticut	Arkansas
Florida	<i>Colorado</i>
<i>Idaho</i>	Georgia
<i>Illinois</i>	<i>Idaho</i>
<i>Kansas</i>	<i>Illinois</i>
<i>Nevada</i>	Iowa
New Jersey	<i>Kansas</i>
New Mexico	Minnesota
New York	Nebraska
<i>Oregon</i>	<i>Nevada</i>
Rhode Island	North Carolina
<i>Texas</i>	Oklahoma
<i>Washington</i>	<i>Oregon</i>
	South Carolina
	Tennessee
	<i>Texas</i>
	Utah
	<i>Washington</i>

Italics: States represented in both columns

The data collection phase of the National scan initially called for identifying three teen pregnancy prevention programs per state whose primary clients are Latina/o teens. However, once the tedious work began, HOPE redesigned the workplan to include at least one program summary per state.

Programs were primarily identified through internet searches, state health departments, yellow pages, 311 city call centers, literature reviews, and through leads from informal teen pregnancy prevention networks. A total of one hundred and thirty-nine (139) programs were originally identified for the National scan (Appendix A). The final National scan includes forty-three (43) program summaries, covering twenty-three (23) states (Appendix B). All programs are open to the public and include a combination of the following: health clinics, faith based initiatives, abstinence education, comprehensive sex education, male education, parent/teen programming, pregnant and parenting teen programs, parent/adult involvement, school based

HOPE developed a survey tool (Appendix C) consisting of thirty (30) questions for respondents to complete. Twenty (20) of the questions were designed to capture baseline information on the organization delivering the program such as number served per year, operating budget, number of staff, location, etc. The final ten (10) questions were designed to capture program specifics such as primary tactics, methods of evaluation, challenges, and advice.

HOPE's primary method for collecting the survey information was through phone interviews with program managers. In many instances, however, the survey tool had to be emailed to respondents for completion and phone communication did not occur.

The data collection phase of the National scan had its challenges. Substantiating the need for a compilation such as this National scan, locating teen pregnancy prevention programs proved to be a significant obstacle. A few key factors contributed to this: 1) Program budgets are small and do not include funding for outreach or marketing such as listings in directories or websites; 2) Programs are for a specific geographic area and outreach is done by word of mouth, leaflet, or presentations. There is no need for wider outreach; 3) The heightened visibility of the abortion debate coupled with a political emphasis on promoting abstinence only programming has caused teen pregnancy prevention programs to become somewhat controversial. For that reason, many programs have elected to operate in a way that draws minimal attention.

Once programs were identified, solidifying participation was the next challenge. In most cases, program managers wore many hats within the organization, so had limited time availability for interviews. Some program managers who were pressed for time asked for the survey to be emailed. Some did complete the surveys but were often unavailable for follow up questions resulting in information that was unusable.

For the reasons noted above regarding a controversial climate, we were met with many program managers who were suspicious of our intentions and were reluctant to provide information. Many elected not to participate while others had lengthy processes for releasing information. Once information could be released, we again found that it was incomplete and ultimately, unusable.

KEY FINDINGS

Despite the challenges, the National Scan did yield key findings that are beneficial in identifying long-term strategies for working with Latino populations in preventing teen pregnancy. Key findings can be categorized into two areas: 1) Successful Outreach Methods, and; 2) Program Challenges.

Successful Outreach Methods

Program managers self-reported the following methods as successful at reducing the rate of teen pregnancy in the Latina/o community. However, programs did not provide quantifiable data to support that assertions. Less than 1% of programs surveyed had a formal evaluation mechanism.

Culture

Successful programs creatively reach young Latinas by incorporating prevention messages in Hispanic traditions, such as quinceanera ceremonies. Programs geared towards both parents and teens that emphasize bridging the divide between American youth culture and the cultural traditions of parents and grandparents has also been successful. Instilling cultural pride has been another tactic of successful programs.

Language

Successful programs in the Latina/o community deliver bilingual programming. This includes having bilingual educators on staff and having enough resources to produce bilingual materials.

Teen Led

Peer-to-peer education, especially if it is bilingual, surfaced as a highly effective Peer-to-peer education, especially if it is bilingual, surfaced as a highly effective way to connect with Latina/o teens. Peer-to-peer outreach communicates sexual education, allows immediate feedback from teenagers, and serves as youth development.

Start in Middle School

Programs that began conversations about sexuality at the middle school and provided resources through high school had much success. Some peer-to-peer programs had high school students educate middle school students on the risks of sexual activity.

Parent Involvement

Although difficult to maintain, programs that fostered dialogue between teenagers and parents proved effective. Programs aimed at bridging cultural divides and providing resources to facilitate communication were popular.

Male Involvement

Programs targeted at adolescent Latino males, focused on personal responsibility for sexual activity proved effective.

Personal Development

A variety of tactics including goal setting, decision making strategies, future mapping, were particularly effective with Latina teens.

Program Challenges

Similar to the successful methods outlined above, the program challenges were self-reported by program managers with little to no quantifiable supporting data.

Funding

Programs consistently cited the need for more dollars to continue to sustain their efforts. Diversifying funding streams from both public and private sources was challenging. For programs looking to expand or tailor activities geared toward Latino communities, additional funding was lacking. The abstinence-only federal grant programs proved to be a barrier in accessing additional federal support for programs that reduce teen pregnancy. Furthermore, since existing funding primarily goes into direct services, little to nothing is left over for formal, systematic evaluation.

Language

The lack of bilingual educators proved to be a significant challenge. If a bilingual educator was available, retaining their services on a small operating budget was another challenge. In the absence of a bilingual educator, programs still had problems accessing bilingual materials.

Turnover

High turnover rates of staff results in unstable programming. High turnover of program participants hindered attempts at providing long-term services.

Family Participation

The stigma of discussing sexuality still proves to be a significant obstacle in getting parents to participate in teen pregnancy prevention programs alongside their teenage children. Also the program's ability to provide child care for young children and appropriate facility space for that care was an obstacle.

Facilities

Access to classroom and outdoor space was a challenge. Programs cited that having inconsistent meeting space led to participant drop-out. Transportation to programs that serve large geographical territories but only have one central location proved extremely challenging. Resources are not available for the provision of transportation services.

General curriculum versus targeted curriculum

Most programs surveyed, despite serving a significant number of Latino clients, were concerned that the current curriculum delivered is designed for the general teen audience and may not be the most effective for Latina/o teens. Programs were keenly interested in the possibility of best practices curriculum and funding to expand programming.

CONCLUSION

The National scan is an inventory of teen pregnancy prevention programs across the country that target or serve the Latino population. The National scan can be used by current providers as a reference guide to provoke thought about alternative service delivery options. The National scan can be used by policymakers to understand local efforts, successes, and challenges. The National scan can be used by advocates for further issue development or coalition building.

The National scan is the foundation of what can be a larger, more in-depth assessment of teen pregnancy prevention programs and the Latina/o community. We are grateful to the Robert Wood Johnson Foundation for investing in this project. We look forward to working with the RWJF on creative ways of distributing the report and investing in it's next phase.

Alabama

Program	The Real Life Crisis Pregnancy Center “Teens At Risk”		
Population Served	3,000	Percentage Latino:	15 %
Target Audience	12-30 year olds		
Geographical Community	Rural		

Description:

The abstinence based “Teens At Risk” program is provided by the Real Life Crisis Pregnancy Center of Albertville, Alabama. “Teens at Risk” teaches middle and high school students the dangers of premarital sex, and that abstinence until marriage is the only 100% effective means to prevent pregnancy and avoid sexually transmitted diseases.

Established in 1996, “Teens At Risk” serves approximately 3,000 students each year, 15% of which are students of Hispanic/Latino decent. The annual operating budget is roughly \$45,000, generated through a combination of state “at-risk” funding grants and private donations. \$30,000 is allocated to the Life Crisis Pregnancy Center, while \$15,000 funds the “Teens At Risk” program. Though “Teens at Risk” does not directly reach out to Latino teens, the Latino community is indirectly informed about the Crisis Pregnancy Center through classroom presentations and word of mouth.

Program	Tuscaloosa Hispanic Service Providers		
Total Latino Population	5,000-7,000	Percentage Served	50 %
Target Audience	0-65		
Geographical Community	Surburban		

Description:

Hispanic Providers Network is a community coalition of faculty, educators, and service providers that meet to address the needs of the growing Hispanic population in Tuscaloosa.

The group sponsors an annual event called Open Arms or Brazo Abiertos, designed to embrace the Hispanic population providing information about services and employment opportunities in the area. In 2006, Brazos Abiertos exposed over 316 Latinos to growing Tuscaloosa social services, education opportunities, emergency information, and health agencies.

Alaska

Program	Lets Talk Healthy Relationships		
Population Served	36,000	Percentage Latino	2-3%
Target Audience	Teenagers 12-18 years old		
Geographical Community	Rural and urban		

Description:

The Lets Talk Healthy Relationships is a youth group program that provides abstinence education to teens in the urban and rural communities of Anchorage and surrounding areas. The program uses an interactive approach to encourage teens to focus on future goals whilst developing maturity and character. Emphasis is placed on understanding healthy dating relationships, the progression of sexual activity, the dangers of sexually transmitted diseases, the importance of setting boundaries, and the benefits of remaining abstinent until marriage.

Lets Talk Healthy Relationships main tactic to reach young Latinas is through the Quinceanera Program. During the traditionally celebrated quinceanera (15th birthday), the birthday girl makes a commitment to abstinence through a ceremony with her parents.

Lets Talk Healthy Relationships is a pilot program proven successful in other states. In Anchorage, success is measured by student participants providing feedback about the program. Consistently, students and parents respond positively to the program. Since commencement in 1989, the program has served a total population of 36,000, 2-3% of which make up the Latino minority. The program operates on an annual budget of \$200,000, received through federal grants.

Program	Postponing Sexual Involvement		
Population Served	N/A	Percentage Latino	N/A
Target Audience	Adolescents 12-16		
Geographical Community	Rural and urban		

Description:

Started in 2002, Postponing Sexual involvement is a statewide peer-mentoring program in which high school students provide abstinence-only education to middle school students. State funding supports the program's operational budget. Sophomore, Junior and Senior high school students are educated to facilitate the program's curriculum. Once trained, these students present learned information to middle school students through five interactive sessions. These sessions focus on the risks of early sexual involvement; teach assertiveness techniques, and the likelihood of encountering peer and other social pressures.

Despite the programs effectiveness among teens, problems arise in certain schools regarding the message criteria. Some schools want to educate students on others methods of pregnancy prevention, such as condoms and birth control. But because these methods fall outside the realm of abstinence education, they are not included. Currently, no additional steps are taken to specifically target the Latino population.

Arizona

Program	Protection Connection		
Population Served	All of Tucson	Percentage Latino	30 %
Target Audience	Teens 17 & under		
Geographical Community	Rural and urban		

Description:

Protection Connection is a social marketing program that targets sexually active teens 17 and under. Planned Parenthood of Southern Arizona (PPSA) started Protection Connection in 1998, inspired by Population Services International (PSI), who in the mid-1990s, created an innovative health-focused marketing program – Project Action.

Protection Connection employs bilingual teen-driven outreach, teen-to-teen workshops, comprehensive sexuality education, and condom vending machines to increase safe sex awareness while decreasing sexual activity. Protection Connection’s success is largely due to the participation from the target audience- in this case, teens. The Teen Advisory Group, created by PPSA, is the major driver in Protection Connection’s development.

In April 2003, PPSA identified 50% of 300 teens surveyed had not had sex with a partner in the past three months, compared with 33% in 1998. Moreover, 91 % of surveyed teens associate condoms with “safe sex” in 2003, up from 54% in 2000, and 39% in 1998. Such results confirm Protection Connection an effective program for the Tucson community.

Program	Real Life, Real Talk		
Population Served	All of Tucson	Percentage Latino	30 %
Target Audience	Latino parents with children 8-18 & Latino youth 15-18		
Geographical Community	Urban & suburban		

Description:

Real Life, Real Talk is a nationwide social change initiative aimed to create open, honest and balanced conversation about sex and health. Started in 2004, Real Life, Real Talk encourages parents to publicly speak on the challenges of sex education in a “sex-saturated culture.” The program identified the mutually shared desire by Latino teenagers and parents to participate in an open dialogue. The program’s four main components include: parent connections, teen-focused programs, community action and media support. Some of the strategies include:

- Reframe sexual health as healthy, normal and encompassing emotional as well as physical aspects.
- Cultivate unique partnerships to deepen credibility, broaden reach.
- Recruit parents already involved in community activities.
- Mobilize broad support working from existing, informal groups.
- Reach new and broader audiences through paid media outreach and earned media.
- Teenagers communicating to parents about “teen reality.”

Real Life, Real Talk is funded through grants and contracts from local government, foundations and individual donors.

Program	BreakDown International		
Population Served	7,000	Percentage Latino	50 %
Target Audience	Teenagers 14-19 years old		
Geographical Community	Urban		

Description:

Started in 2001, BreakDown is a peer-to-peer abstinence education performance team addressing issues related to teen sexuality. Music, hip-hop dance, inspirational speakers, and video are some methods BreakDown uses to reach a predominantly Hispanic youth population.

BreakDown concentrates their energies on abstinence, teen pregnancy, sexually transmitted diseases, second chances, relationships, and sexual assault; all made possible by private funding.

Arkansas

Program	Hispanic Women's Organization of Arkansas		
Population Served	~ 2,800 students	Percentage M/ F	47 % / 53%
Target Audience	Adolescents 14-18		
Geographical Community	Urban		

Description:

Hispanic Women's Organization of Arkansas launched their efforts to address teen pregnancy in the Springdale school district in 2004. Community youth organizations are their main target audience. Primarily funded by the Arkansas department of Health, Hispanic Women's Organization utilizes the "Making Proud Choices" curricula to advocate teen pregnancy prevention.

California

Program	Camarena Teen Health Center		
Population Served	1,200-1,400	Percentage M/ F	40 % / 60%
Target Audience	Adolescents 13-19		
Geographical Community	Rural		

Description:

Camarena Teen Health Center educates teens to serve as peer educators in local schools and clinics. Once trained, these teenagers conduct community presentations on how drugs and alcohol increase the likelihood of pregnancy and the realistic consequences of unprotected sex. These programs are unique to the area insofar they portray emotional content aimed at redefining teen pregnancy and the importance of prevention. As a result, adolescents frequently seek guidance from the center on relationships and family planning methods.

Although Camarena Teen Health operates on an annual budget of roughly \$125,000 - \$150,000 with split funding from public and private donors, the center affords significant resources to maintaining pace with changing adolescent trends. The center is consistently evaluated for effectiveness in their outreach and education methods. What has proven successful is the Center's ability to sustain and grow working relationships between inquisitive teenagers and concerned parents.

Program	Huckleberry Cole Street Clinic		
Population Served	3,000	Percentage Latino	30%
Target Audience	Adolescents 12-24, ~70% under 18		
Geographical Community	Urban		

Description:

Since its inception in 1992, the Huckleberry Youth Services Cole Street Clinic (HYSCS) has served the adolescent community. In a collaborative effort involving Huckleberry Youth Programs, the San Francisco Department of Public Health and the University of California San Francisco's Division of Adolescent Medicine, the Clinic offers comprehensive, age-appropriate, culturally-sensitive adolescent health services, and peer-education. Throughout the year, HYSCS conducts workshops in local schools to educate students about services available for transitional-aged youth. Family planning, pregnancy tests, sexually transferable diseases and AIDS/ HIV tests along with peer-to-peer counseling and sexual education are some of the services HYSCS provides.

HYSCS's \$300,000 annual budget is supported through public and private funding. To alleviate the cost of providing services, HYSCS collaborates throughout the community. HYSCS participates in mental health, violence prevention, juvenile justice and pregnancy prevention collaboratives with the intention of providing the most impacting support services for transitional youth.

Though proven as an effective adolescent resource center, HYSCS is unable to support comprehensive sex education curriculums. The majority of public funding is directed to abstinence only sex education. What's more is the difficulty of attracting and maintaining bilingual, competent educators.

Program	Bally Health Clinic		
Population Served	4,724	Percentage Latino	75%
Target Audience	Adolescents 12-19		
Geographical Community	Urban		

Description:

Since its inception in 1992, the Bally teen clinic has worked to empower young people with realistic, relevant and accurate sexual and health information. Bally educators conduct outreach in San Fernando Valley schools, Charter schools, Juvenile Halls and other youth serving organizations. A full compliment of sexual health services are provided with emphasis on teens running the program from the bottom up. As a result, nearly all program changes are based on teen initiatives. And as a by-product of the teen run operation, Bally Clinic has indirectly created a youth development program.

An annual budget of \$350,000- funded through Public and Private supporters- allows the Bally Clinic to support peer-to-peer counseling and reproductive education. Some of the program challenges revolve around garnering diverse sources of funding, and parent involvement. The greatest challenge is to provide more holistic care to adolescents. Current health services are provided to teenagers, most frequently, through pediatric care. To better serve teenagers, the Bally Clinic hopes to draw adolescents from the pediatric model to teenager focused physician care.

The Bally Clinic serves as a model for other Teen health clinics throughout California. Due to their success, a five-year independent study was conducted to identify key elements within the program. Two major findings for Latinas were that hormonal birth control and female condoms were the most effective and used methods of pregnancy prevention.

Colorado

Program	Colorado Organization for Latina Opportunity and Reproductive Rights (COLOR)		
Population Served	75/ year	Percentage M/ F	20 % / 80%
Target Audience	Low/ Moderate-income women 15-30 year old		
Geographical Community	Rural		

Description:

Colorado Organization for Latina Opportunity and Reproductive Rights (COLOR) educates Latino youth on a wide range of areas relating to reproductive health. All educational programs are designed to increase sexual prevention awareness, political activism and leadership development. A youth and adult advisory committee provides insight to create a comprehensive sexuality curriculum. Some topics include birth control, sexually transmitted diseases, HIV/ AIDS, family planning, and abortion. COLOR exists- through private funding- in order to develop relationships among the Latina community through education and advocacy for reproductive rights and quality healthcare. COLOR began in 1998, operating on a \$100,000 annual budget.

Program	GENESIS		
Population Served	~ 500 families per year	Female percentage	61 %
Target Audience	Below poverty level 11-23 year olds		
Geographical Community	Urban, small portion of county is urban		

Description:

For the past eighteen years, Genesis has served the Boulder community by providing extensive case management to pregnant and parenting teens. With a \$656,000 annual budget, Genesis employs a three-prong reactive approach to teen pregnancy: education, medication and intervention. Genesis encourages open dialogue and education about abstinence as a viable option, while also supporting contraception for clients who are sexually active. This home-visiting operation receives public and private funding, along with Medicaid reimbursements to provide transportation to clinics, pay for associated health costs, sexually transferable infection education, preventative contraception- such as depo-provera- and childcare during clinical visits. The foundation to the program's success lies in a sustained and trusting relationship between staff and clientele.

Program	Colorado Organization on Adolescent Pregnancy, Parenting & Prevention
Target Audience	Teenagers, including Teen parents
Geographical Community	Both rural and urban

Description:

Colorado Organization on Adolescent Pregnancy, Parenting & Prevention (COAPPP) is a State program that serves as a conduit between federal funding and community programs capable of educating youth populations about teen pregnancy prevention. Operating on a \$150,000 annual budget, COAPPP assists community programs not only financially, but also in developing effective means of outreach and education. COAPPP's experience working with evidence-based programs serve as a direct benefit to community programs. Furthermore, COAPPP is a networking agent, bringing community programs together to aggregate funding proposals and program improvements in the Denver area. Bottom line, COAPPP supports pregnancy prevention programs as well as provides guidance through evidence-based curricula.

Connecticut

Program	Greater New Britain Teen Pregnancy Prevention, Inc. Pathways/ Senderos Center		
Population Served	50 youth & families	Percentage Latino:	76% Latino, 12% bi-racial
Target Audience	Low-income adolescents 10-18 years old		
Geographical Community	Urban		

Description:

The Pathways/ Senderos Center believes when poverty stricken youth (and families) are provided an adequate level of support, they successfully assimilate into higher education and middle-class standards of living. What's more, teen pregnancy is an outcome of poverty, domestic violence, academic failure and limited life options. To counter teenage pregnancy, the Center addresses the root of the problem- low income, at risk youth.

Thus, the Center's intervention is substantive and long-term. Youth support begins typically in the sixth grade and continues through high school graduation. In addition, extensive family support includes food and clothing, mental and health referrals and translation services. Intervention is multi-pronged, integrating academics and community service, family life and sex education, creative and cultural arts. Because outreach is long-term, emphasis is placed on participants striving for higher education and an improved quality of life.

The Center partners with community entities that also impact youth development. Strong ties exist with the public school district, the local university's Equal Opportunity Program, shelter for battered women and children, Planned Parenthood, and reputable local businesses. The Connecticut Department of Social services, along with private sources collectively fund the Center's ~\$380,000 annual budget.

These relationships have proven fruitful during the Center's fourteen years of operations, incurring merely three pregnancies during that time. More impressively, 100% of participants who remain in the program graduate high school; more than half go onto higher education. To that end, annual program evaluations, long-term support and evolving yet consistent methodologies continue to allow the Center to positively impact the community.

Florida

Program	Abstinence Between Strong Teens (ABST)		
Address	18151 Southwest 98 th Court Miami, Florida 33157		
Contact	Althea McMillan, Chief Executive Officer		
Population Served	30,000 youth, 3,000 parents per year	Percentage Latino:	~70 %
Target Audience	Children and young adults 9-18 years old		
Geographical Community	Rural and urban		

Description:

Started in 1992, Abstinence Between Strong Teens (ABST) is a Faith based organization teaching elementary, middle and high school students about abstinence. ABST curriculum includes five sessions based on pregnancy prevention. These holistic sessions focus on the risks of early sexual involvement; teach assertiveness techniques; and the real-life risks of sexual activity. At the same time, ABST works on setting long-term goals to build character.

Despite the programs effectiveness among teens, problems arise in certain schools regarding funding. County, State and Federal funding supports the program's \$1.3 million annual budget.

Georgia

Program	Georgia Campaign for Adolescent Pregnancy Prevention Community-based DOULA Project		
Population Served	Gangsville, Thomasville	Percentage M/ F:	20% / 80%
Target Audience	Children and young adults		
Geographical Community	Urban		

Description:

The Community-based DOULA Project began in December 2002 and continues today in partnership between the Georgia Campaign for Adolescent Pregnancy Prevention (G-CAPP) and Families First. The DOULA Project provides home-based services to pregnant adolescents ages 10 to 19. A DOULA is a woman from the local community, recruited and trained to provide emotional and physical support to both the teen mother and baby during pregnancy, delivery, and the weeks after birth. The DOULA project's goals are to:

- Increase mother-child bonding
- Reduce repeat teen pregnancy rates
- Increase breastfeeding rates
- Decrease cesarean section rates in teen mothers
- Encourage healthy prenatal care

For the past five years, the DOULA project has provided 107 mothers and 87 babies with home-based parent education, prenatal support services, and follow-up services. This has been possible through public and private funding, along with an annual fundraising event.

Idaho

Program	Lifeline P.C.C.
Population Served	70,000
Target Audience	11- 45 years of age
Geographical Community	Rural, shifting to urban

Description:

Lifeline is a long-standing, privately funded community organization that provides sexuality and pregnancy prevention education. Lifeline teaches that the only safe sex is no sex until marriage. While abstinence is the main emphasis in the curriculum, they also provide information on pregnancy prevention, social services, sexually transferable infections, abortion risks and alternatives. One-on-one peer counseling is made available for open discussions about sexual activity and healthy relationships.

A \$100,000 annual budget allows Lifeline to target local schools to increase abstinence awareness. The main barrier to the program's operations is the short supply of people to spread the word.

Program	Pregnancy Crisis Center, Inc.
Population Served	Roughly 600 walk-in clients, 1,500 pregnancy & parenting classes, 1,500 abstinence classes
Percentage Latino:	10-15 %
Target Audience	12- 45 years of age
Geographical Community	Rural County including surrounding counties

Description:

The Pregnancy Crisis Center and Hotline is a faith based, emergency pregnancy service dedicated to help women through pregnancies. Staff includes trained volunteers capable of addressing any number problems resulting from pregnancy. With that said, the Pregnancy Crisis Center's goal is to support- in any way necessary- pregnant women through the challenges and emotions associated with pregnancy.

The counseling provided is designed to be sensitive to the emotional state of pregnant women in a pro-life Christian format. Moreover, a 24-hour hotline and free pregnancy tests are available with complete confidentiality.

The Center operates year round with a \$60,000 annual budget, allotting parenting and pregnancy classes, financial aid (when necessary), abstinence education and free ultrasounds to participating clients. Most of the challenges the Center addresses include maintaining up to date information, access to schools and financial support. The Center serves any women expecting, especially those with pregnancy complications, those affected by the pregnancy, and anyone needing information.

Program	Adolescent Pregnancy Prevention, Peers Encouraging Abstinent Kids (PEAK)		
Population Served	Southeastern & Central Idaho	Percentage Latino:	11 %
Target Audience	Adolescents 12-18 years old		
Geographical Community	Suburban and Rural		

Description:

PEAK, Peers Encouraging Abstinent Kids, is an abstinence-only mentoring program targeting sixth, seventh, and eighth graders. Once every six weeks, trained high school students- under the supervision of adult facilitators- deliver the PEAK curriculum to younger students in middle school classrooms. This pregnancy prevention curriculum is utilized throughout Idaho, funded by the State and Federal government. Most County Health Departments afford \$20,000-\$40,000 per year to finance the education program. PEAK is inspired by the skill-based abstinence curriculum, Postponing Sexual Involvement (PSI), created in Atlanta, Georgia, at the Grady Health Institute.

Part of the PEAK program is to encourage parental involvement. As a help to parents, PEAK provides a list of questions and “homework” assignments to facilitate parent-child discussions about sexual activity. Parents are also welcome to participate in PEAK as a volunteer with mentor recruitment, trainings, and awards. Still, parents are often unwilling to learn about the program prior to retracting permission for their children. Beyond parental involvement, other shortcomings exist.

High School teachers are often times reluctant to release students to participate as mentors. The State ISAT tests pressures teachers to maximize student class time, and therefore limits time for PEAK. Moreover, transportation between high schools and middle schools is difficult to coordinate.

The program’s performance is evaluated by a pre and post-test administered and measured to assess changes in attitude, belief, and knowledge of students. Boise State University collects and measures this data. Mentors and Middle School Instructors also evaluate the program and provide feedback. These evaluations are critical to measure the program’s success and for making program improvements.

Come the end of the six-week program, students identify risks associated with early sexual involvement; recognize societal pressures on sexual behavior; and employ empowered responses to peer pressure.

Iowa

Program	The Alpha Center		
Population Served	716 in 2005- 06	Percentage Latino:	20 %
Target Audience	15-30 year olds		
Geographical Community	Rural		

Description:

The Alpha Center is a nonprofit agency that provides a comprehensive range of services to women and men involved in an unplanned pregnancy. Free pregnancy tests, parenting classes, adoption referrals and information on alternatives to abortion are some of the services in the pro-life program.

The Alpha Center's assistance is possible solely due to private funding. For the past twenty years, the Alpha Center has partnered with local faith based organizations and churches to help women and families facing an unplanned pregnancy. When faced with a crisis pregnancy, women of all ages and cultural backgrounds receive help and support.

Program	Young Women's Resource Center		
Population Served	1,407	Percentage Latino:	15%
Target Audience	11-22 years old		
Geographical Community	Urban		

Description:

Young Women's Resource Center supports, educates and advocates for young women. The Center's goal is to help young women complete high school, have conviction in their core beliefs, develop a sense of self-respect, and understand the advantages of waiting till adulthood to bear children.

The Center provides a number of support services for women- all of which are free, voluntary and confidential. Often times, education and support are tailored to specific groups of women. The Young Mother support group meets throughout the school year. Another group, R3 (rights, respect and responsibility) is an adolescent pregnancy prevention and sexual health group. Young, trained teenagers serve as peer activists among local schools. Once trained, these teenagers conduct presentations on healthy relationships and the realistic consequences of unprotected sex. The groups meet in middle and high schools, as well as the Center.

Furthermore, Mariposa is a Latina leadership group dedicated to Latino culture and education. Mariposa, including other programs, are unique to the area; insofar they empower a diverse group of clients confronting various situations.

Although Young Woman's Resource Center operates on an annual budget of roughly \$899,548 with diverse funding from the United Way, grants and private donors, the center affords

significant resources to comprehensive research and evaluation programs to educate local officials. The center is consistently evaluated for effectiveness in their outreach and education methods. What has proven successful is the Center's ability to sustain diverse, bilingual case managers; grow working relationships with teenagers, parents, faith-based communities and government entities; and provide free, consistent services in a confidential, safe environment.

Kansas

Program	YWCA Teen Pregnancy Prevention		
Population Served	11,000	Percentage Latino:	5% M/ 3% F
Target Audience	10-20 years old		
Geographical Community	Urban and rural		

Description:

For the past sixteen years, the Young Women's Resource Center Teen Pregnancy Prevention Program has served Topeka's youth community. Their multi-faceted prevention effort provides the information, skills and support necessary to help young people make healthy life choices. This community-based prevention program focuses on reducing the risk of adolescent pregnancy and sexually transferable infections. The program operates year-round on an annual budget of \$165,000, providing free education sessions to schools, churches, youth shelters, juvenile detention centers and community organizations. Beyond the education sessions, direct services include parenting and non-parenting teen support groups, and teen parenting classes.

Nearly every aspect of the program encourages parent-teen communication regarding sexual issues and promotes abstinence as the best choice for all youth under the age of 18. For those teens that are sexually active, consistent contraception is strongly encouraged.

Program	ABC Pregnancy		
Population Served	35,000	Percentage Latino:	48%
Target Audience	Low income families 12-52 years of age		
Geographical Community	Farming community – rural		

Description:

Started in 1995, ABC Pregnancy educates and supports expecting mothers. Supported through private funding, ABC's annual operational budget of \$80,000 supports first-time mothers by educating pregnant women about their different options. ABC also conducts parenting classes, counseling, and post abortion sonograms. Furthermore, if ABC is unable to fulfill a specific need, they call on their network of local agencies to ensure those seeking help receive it.

Minnesota

Program	<i>Aqui Para Ti Here for you</i>		
Population Served	550 Youth 185 Parents	Percentage Latino:	40% M/ 60% F
Target Audience	Youth ages 11-24 and Parents ages 25-55		
Geographical Community	Urban		

Description:

Aqui Para Ti is a collaborative multidisciplinary bicultural/ bilingual youth development program between the Family Medical Center, West Side Community Health Services, CLUES, La Oportunidad and MOAPPP. The program goal is to work as a united group serving as advocates for Latino youth and their families. *Aqui Para Ti* garners \$207,000 in annual support from the City through the Health Disparities Initiative, as well as the State Department of Health and Family Support.

Medical care, health education, mental health, nutrition counseling, case management and counseling for parents are just some of the services provided from different agencies involved in the collaborative effort. To best serve the clientele, youth complete a culturally sensitive questionnaire that explores many areas in the youth's life. For example, family life, school, emotions, development, drugs and alcohol use, violence and safety. Parents or guardians, if present, are also interviewed about the adolescent and the family. Based on this data, five Hispanic professionals (family physician, health educator, family educator, behavioral specialist/ therapist, and program coordinator) design a strategy to provide care for the teen's most urgent needs, whether it involves intervention or prevention, and set up a follow-up plan.

Similar to many youth organizations, the social conditions surrounding today's youth pose a challenge for *Aqui Para Ti*. What's more, because many youth participants are undocumented, they are not eligible to seek financial support to pursue higher education. As a result, many drop out of school. Beyond education challenges, seventy-six percent of participants are without healthcare. It is a constant struggle to provide affordable services to the uninsured.

Program	Comadres and Hablando Claro A Health Access Program		
Population Served	Roughly 100-200 latinos	Percentage Latino:	20% M/ 80% F
Target Audience	All low-income, 13-65 year olds		
Geographical Community	Urban		

Description:

The Community-based Comadres and Hablando Claro program began in 1990. Today, the program is aimed at helping adults, parents and community leaders develop the skills to effectively communicate with youth about the risks of adolescent sexuality. Beyond parent education and youth groups, program implementation includes community mapping exercises and education sessions on adolescent reproductive health, the importance of communication, and increasing awareness of community resources.

With an annual budget of \$250,000, in which \$150,000 is dedicated to Latino programs, Comadres and Hablando Claro is also able to service pregnant and parenting teenagers. Individual support services complemented by group education to 1) prevent additional pregnancies, 2) increase the number of high school graduates, and 3) improve parenting skills.

Nebraska

Program	Sexual Integrity Program		
Population Served	N/A	Percentage Latino:	N/A
Target Audience	Youth ages 14-17		
Geographical Community	Urban		

Description:

Established in 2001, the Sexual Integrity Program (SIP) employs the WAIT curriculum in leading two-day presentations and activities with high school students in Omaha. Supported by private donors, this small, \$30,000 a year operation empowers young people to not only foster personal goals for the future, but to understand the consequence of their decisions. A main part of the program emphasizes personal responsibility made choices.

In the classroom, SIP utilizes a presentation called “Driven.” The program emphasizes that investing in goals requires time, knowledge and determination. After the presentation, classroom teachers support SIP with follow-up questioning and activities.

SIP operates in a predominantly Hispanic school district. Still, there is no current Latino specific curriculum, nor a Spanish-speaking presenter. Long-term plans include a WAIT designed Latino-specific training for high school students with the hope of connecting with young Latinas anticipating their quinceñera.

Nevada

Program	Crisis Pregnancy Center/ Worth the Wait		
Population Served	Northern Nevada	Percentage Latino:	14%M /19%F
Target Audience	Youth ages 12-18		
Geographical Community	Urban and rural		

Description:

Worth the Wait was initiated in 1986 by the Crisis Pregnancy Center to help young people navigate adolescent life. Worth the wait encourages long-term goal setting, an abstinent lifestyle along with understanding the difference between love and infatuation, and taking responsibility for our actions. The Crisis Pregnancy Center takes an interactive educational approach to reach the teenage audience. Such strategy avails trusting rapport between program participants and speakers that, in turn, cultivates a confidential, open environment for teenagers to access readily available information.

The Crisis Pregnancy Center operates on an annual budget of \$371,000, funded through community, state and federal grants.

Program	Sunrise Children's Hospital Baby? Think It Over		
Population Served	10,000+	Percentage Latino:	40 %
Target Audience	Youth ages 12-18		
Geographical Community	Urban		

Description:

In partnership with the Clark County School District, *Baby? Think it Over* has served teenagers since 1998. *Baby? Think it Over* employs a three-prong outreach approach to educate middle and high school students on abstinence, sexually transmitted diseases, teenage drinking and pregnancy prevention. First, middle and high school Health, along with Home and Career science teachers are provided a set of 35 transparencies covering the above topics. When appropriate, teachers are free to use the transparencies during various class lessons. Second, participating schools invite *Baby? Think it Over* speakers into the classroom to discuss Fetal Alcohol Syndrome, and pregnancy prevention. These lectures, accompanied with the transparency teaching aid, collectively reach more than 10,000 students.

Lastly, *Baby? Think it Over* provides participating schools with Realityworks baby simulators. For a weekend, students receive strollers, diaper bags and baby simulators to acquire a realistic dose of the frustrations of childbearing. In the classroom, students also have the opportunity to wear pregnancy simulators, each weighing between 18-22 pounds.

The State of Nevada Health Division targets grants to programs that employ both baby and pregnancy simulators.

New Jersey

Program	Adolescent & Parent Pregnancy Prevention Initiative		
Population Served	130,000	Percentage Latino:	35%M /45%F
Target Audience	Low-income to middle class youth ages 10-19		
Geographical Community	Urban, rural and suburban		

Description:

The New Jersey School Based Youth Services Program (SBYSP) was initiated in 1987 by the New Jersey Department of Children and Families (DCF) to help young people navigate their adolescent years, finish their education, obtain skills leading to employment or continuing education, and graduate healthy and drug free. Initially, SBYSP was a statewide initiative to integrate a range of services for adolescents in a centralized location or within the vicinity of schools. With time, sites have sprouted in a variety of urban, rural, and suburban areas. At least one site is located in each of the 21 counties in New Jersey.

SBYSP considers collaboration between school and community, consistent core services with additional flexible services, as well as technical and financial support from New Jersey Department of Human Services all a major part of their continued outreach success. Students of all ages receive services before, during and after school on through the summer in a confidential, easily accessible environment. In total, 67 high schools and 18 middle schools student bodies have mental health counseling, medical services access, along with violence and pregnancy prevention services available year round.

Program	The Children's Home Society of New Jersey Kids Intervention with Kids in Schools (KIKS)		
Population Served	250 students	Percentage Latino:	54%
Target Audience	Low-income students between 11-15 years old		
Geographical Community	Urban		

Description:

Dating back to 1987, the Children Home Society has guided teenagers through the difficulties of adolescent life. With the Kids Interventions with Kids in School (KIKS) program, baby simulation is the main pregnancy prevention tool. This educational approach, similar to *Baby Think it Over*, utilizes life-like dolls programmed to cry, wet themselves and smile. In order to make the doll smile, a participating teen must conduct certain activities similar to that of a caring parent.

Although a small number of students participate, the program provides a meaningful experience for participants and observers. Along with keeping the dolls for 48 hours, students complete pre and post surveys about their perception of childbearing and how the 48-hour experience challenged their assumptions.

KIKS operates on \$108,000 a year, funded by the New Jersey Department of Children and Family as well as private donors. The KIKS program is conducted where 64% of the 750 participating students are Hispanic.

New Mexico

Program	Young Women United		
Population Served	800 women/ year	Percentage Latino:	80%
Target Audience	Women ages 13-19		
Geographical Community	Urban		

Description:

Young Women United (YWU) is a free, year round leadership development and community organizing program for teenage women of color. Since 1999, YWU has encouraged youth rights, individual development, cultural pride, and community action in the Southwest Albuquerque community. Participants are provided with comprehensive sex education, intended to lower the rate of teen pregnancy and sexually transmitted diseases. YWU is funded through private foundations, operating on an annual budget of \$149,000.

New York

Program	Mount Sinai Adolescent Health Center		
Population Served	10,000	Percentage Latino:	50 %
Target Audience	Low income children ages 10-21		
Geographical Community	Urban, rural & suburban		

Description:

Since 1968, the Mount Sinai Adolescent Health Center has provided comprehensive and confidential medical and mental health, family planning, and education services to young people. The multidisciplinary team of physicians, nurses, social workers, nutritionists, and other health workers help teens make informed decisions. To address a diverse group of adolescents, bilingual healthcare providers staff Mount Sinai, two school-based clinics and the twelve community-based mental health and health education programs. They are available to assist teenagers with services, information, and support programs on a wide range of healthcare matters.

The Adolescent Health Center receives both government grants and private funding to support an annual operational budget of \$10,000,000. As a result, the Adolescent Health Center is able to place emphasis on providing easily accessible facilities and information with open communication between care providers and teenagers that is individually focused, reliable, and confidential.

Program	Teens Positive Actions and Choices for Teens (PACT) Community Healthcare Network		
Population Served	3,000 +	Percentage Latino:	20 %
Target Audience	Adolescents ages 13-19		
Geographical Community	Urban		

Description:

Since its inauguration in 1997, Teens Positive Actions and Choices for Teens (PACT) is dedicated to empowering young people with realistic, relevant and accurate information. Through guidance, support, and acceptance, PACT affords adolescent youth the opportunity to establish relationships and explore attitudes and beliefs in their community.

An annual budget of \$400,000- primarily funded through New York State Department of Health- allows PACT to support peer-to-peer counseling and reproductive education in Brooklyn, Manhattan and Queens. Some of the program challenges revolve around garnering diverse sources of funding, parent involvement and access to schools. Still, over 95% of participants graduate high school or obtain their GED.

Program	The Inwood House		
Population Served	4,000	Percentage Latino:	43% M/42% F
Target Audience	Low income adolescents ages 12-32		
Geographical Community	Urban		

Description:

Over the past nineteen years, the Inwood House has remained steadfast as a leader and innovator in youth development, teen pregnancy prevention, and family support. Two-thirds of Inwood House funding is through government grants, and the remainder from the private sector, totaling roughly \$7,000,000. Directly, the Inwood House works to grow adolescent knowledge, skills and the self-esteem necessary to make responsible decisions during trying teenage years. All services are designed to be age-appropriate and culturally sensitive. To that end, the Inwood House is dedicated to helping young people become responsible, healthy, self-reliant adults.

Much of the Latino outreach addresses the cultural divide between American youth culture and parent, grandparent traditions. Parents are provided education seminars, and are encouraged to speak openly about reproductive health. Furthermore, Latinas are educated about latest contraceptives, healthy relationships, and the importance of personal responsibility in being sexually active.

Teen Choice is an asset building school-based pregnancy and HIV/ AIDS prevention program. *Small group work* is a hallmark of Teen Choice. Hundreds of students work in small groups to discuss emotionally loaded subjects and their core values while practicing communication skills to derive factual, meaningful information. The Inwood House also provides other programs for the youth; Maternity Residence is a haven for homeless, pregnant teenagers; Mother/ Baby Foster Care places young mothers in foster care; Teen Health, Responsibility, Independence, Voice and Empowerment (THRIVE) offers specialized services to NYC public school pregnant students; and Fathers Count teaches young fathers family planning and the importance of shared responsibility.

North Carolina

Program	Jovenes Sabias		
Population Served	100 per semester	Percentage Latino:	100 %
Target Audience	Middle school students (7 th & 8 th grade) 11-15 years old		
Geographical Community	Urban & rural		

Description:

Since its inception, The Jovenes Sabias program provides health and sexuality education in both school-based and community-based settings. Responsible sexual behavior, prevention of teen pregnancy, sexually transmitted diseases, HIV/ AIDS abstinence and contraception are covered extensively. While focus is placed on abstinence being the only 100% effective method of prevention, Jovenes Sabias also provides contraception information should participants engage in sexual activity.

One of the program's goals is to decrease the growing number of unplanned pregnancies and sexually transferable infections in the Latino adolescent community. The program format is interactive with a strong emphasis on decision-making. Ten to twelve in class sessions, one each week, are scheduled at various middle schools to further raise preventative awareness.

The \$62,000 annual budget has carried the program through the first full year in thanks to the Wesley Long Community Health Foundation and the Guilford Community Aids Partnership. But beyond funding, other difficulties have surfaced in carrying out the program; a bilingual educator along with continued education through the summer are some of these challenges.

To better reach out to the Latino community, Jovenes Sabias suggests collaborating with the school system, community centers and religious institutions to reach more adolescent females. To further address the language gap, teaching English to the youth community outside of school greatly assists in delivering presentations.

Program	Students Together Encouraging Pregnancy Prevention		
Population Served	150/ year	Percentage Latino:	15% M/20% F
Target Audience	11-18 year old students, 80% + at or below poverty line		
Geographical Community	Small town in proximity to Urban area		

Description:

Students Together Encouraging Pregnancy Prevention (STEPP) is a split funded (public and private) after-school social program targeting low-income, sexually active adolescents. The \$100,000 annual budget allows for various programs for young men, women and parents. For example, the boys only class- Wise Guys- brings ten to fifteen Latinos together to discuss personal responsibility of being sexually active. Furthermore, parent classes are offered with community guest speakers, typically from the health department, about the challenges of youth today face. All programs are comprehensive, and abstinence-based. Alternative contraception methods are also incorporated into the programs.

STEPP graduates are encouraged to continue participating in program activities. Doing so reinforces the importance of pregnancy prevention.

Oklahoma

Program	Teen Pregnancy Prevention Project		
Population Served	400 per year	Percentage Latino:	85%
Target Audience	Low income 11-13 year olds		
Geographical Community	Urban		

Description:

Started in 1998, the Teen Pregnancy Prevention Project teaches middle and high school students about abstinence. The TP curriculum includes pregnancy prevention, as well as information on different methods of contraception. These holistic sessions focus on the risks of early sexual involvement; teach assertiveness techniques; and the real-life risks of sexual activity. At the same time, TP provides parents and adolescents with a “survival kit” to promote awareness and open communication about sexuality.

Despite the programs effectiveness among teens, problems arise in certain schools regarding the funding. State funding supports the program’s \$60,000 annual budget. Currently, TP is unable to fund the schools requesting sexual reproduction education. And even though bilingual educators work with students, no materials are provided in Spanish.

Oregon

Program	Northwest Family Services		
Population Served	N/ A	Percentage Latino:	N/ A
Target Audience	Low income children ages 12 and up		
Geographical Community	Urban & suburban		

Description:

Started in 2000, the Northwest Family Services supports adolescents to make fully informed decisions leading to productive futures. Nine people staff the organization and engage youth through evidenced-based programs with adult instructors. The program encourages prevention by delaying sexual initiation, along with open family communication and understanding the elements of a healthy relationship. Festivals, socio-dramas, and parent-teen discussion groups further engage both youth and parents in interactive learning situations outside the classroom.

Northwest Family Services operates year round in classrooms and community based organizations. Two federal grants and one state Title V contract support the programs \$450,000 annual budget. To ensure the program's effectiveness, two independent evaluators observe curriculum activities and outreach methods. The feedback consistently reveals the program is well received, with positive changes in participants overtime.

Program	Insights Teen Parent Program		
Population Served	1,500/ year	Percentage Latino:	27%
Target Audience	Adolescents 12-21, 98 % which are below the poverty line		
Geographical Community	Urban		

Description:

Insights Teen Parent Program hosts a number of programs from their headquarters in Portland. Among the many programs made available to the youth population, Healthy Start has served the Latinas in Multnomah County for the past decade. On a \$346,000 annual budget, Healthy Start reaches adolescents and parents through home visits, phone contact and weekly group meetings. Discussion topics cover the different forms of birth control and related effects, importance of family planning, financial planning and budgeting, abortion along with adoption information and school/ work referrals. To encourage consistent participation, transportation and childcare are included for young parents.

South Carolina

Program	Newberry YOU FIRST Adolescent Pregnancy Prevention		
Population Served	20,000	Percentage Latino:	5%
Target Audience	Teenagers ages 8-18, including adults		
Geographical Community	Rural, suburban		

Description:

You First is a United Way program provided through the Family Service Center in Columbia, South Carolina. For the past nine years, You First conducts comprehensive abstinence-plus programs that address teen pregnancy prevention. While the program emphasizes abstinence, You First also provides open, accurate information regarding pregnancy and disease preventing contraceptives.

South Carolina's Department of Social Services supports the community program. Overall, You First has been marginally successful in reaching the Latina population. Thus far, the program provides broad services raising public awareness via bilingual brochures and flyers. Yet, due to the lack of interpreters, the program is limited in providing direct educational services to Latino families. To address this deficiency, You First is working to expand Hispanic outreach by collaborating with faith-based, business and other community organizations.

Program	South Carolina Campaign to Prevent Teen Pregnancy		
Population Served	National effort	Percentage Latino:	~ 5%
Target Audience	Children 10-19 years old		
Geographical Community	Entire State of South Carolina		

Description:

The South Carolina Campaign (SCC) works to prevent teen pregnancy throughout the State by using a five-point approach: education, research, awareness, advocacy and public awareness. As an organization, the SCC does not conduct direct services for teenagers. They do, however, collaborate with nearly 100 community-based organizations, non-profits and other local agencies throughout the State who directly serve the adolescent community.

SCC promotes a comprehensive, science-based approach to pregnancy prevention. Depending on the size and scope of the programs, SCC allocates anywhere from \$30,000 to \$1,000,000 for each program. State line item dollars, federal grants, private foundations and individual donors fund the SCC.

To date, few programs exist in South Carolina specific to the Latino population. The State Health Department is beginning to lay collaborative groundwork to better serve the growing minority population.

Washington

Program	Support Services/ Columbia Basin Health Association		
Population Served	7,500/ year	Percentage Latino:	80 %
Target Audience	18-23 years old		
Geographical Community	Rural		

Description:

The Columbia Basin Health Association (CBHA) provides healthcare services regardless of race, sex, gender, age or ability to pay through an annual \$750,000 budget. CBHA Clinics are throughout Othello County, working in partnership with the school board, local non-profits, daycare centers and the County Health Department since its inception in 1994.

The CBHA curriculum includes family planning methods, pregnancy prevention information and education about sexually transmitted diseases. In support, contraceptives and pregnancy tests are available. CBHA is unique insofar as bilingual staff support pregnant or at risk participants not only through individual support, but also by including parent participation during in home visits.

Program	Cuidese Pilot Project (State Department of Health)		
Population Served	N/ A	Percentage Latino:	100 %
Target Audience	Less than 45 years of age		
Geographical Community	Rural		

Description:

In 2004, the Department of Health's office of Family Planning and Reproductive Health developed a pilot project with local family planning agencies. The project provides contraception and comprehensive education that includes, but not limited to; birth control, abstinence, and reproductive health. Low-income men and women 100-200 % below the federal poverty line who do not qualify for contraceptive services through Medicaid are the main group of clientele. Given a \$500,000 annual budget, the goal is to reduce unintended pregnancies in the non-citizen population of Washington State.

Through the Cuidese project, the Department of Health is constantly learning how to establish and deliver family planning services according to the needs of non-citizen clients. As a result, innovative agency outreach, unconventional service delivery, and clinics with flexible hours are important crucial for making successful connections and service delivery to clients.

Some outreach activities include Spanish ads in the yellow pages; display setups at local food banks; extended operation hours to accommodate migrant work schedules; and a wallet client-referral card with relevant information and follow-up appointments.